

MEDICAL DEVELOPMENT CENTER

Al Salam Bulletin- Volume # 54



مستشفى السلام العاصمة
AL SALAM AL ASSIMA HOSPITAL

ثقتكم أمانة TRUST



AL SALAM BULLETIN

OVERVIEW ABOUT AL SALAM BULLETIN

Al Salam bulletin is your one stop comprehensive newsletter, for all the latest healthcare content. Stay updated with latest healthcare related news, public health advice, narrative experiences, training, and links to valid sources for further reading / fact-checking. Medical Development Center highlights Bulletin sources for you to keep abreast of the latest developments and trends in the Healthcare industry.

Health Awareness Days



World AIDS Day – 01st December 2024

[cdc.gov](https://www.cdc.gov)

World AIDS Day is an opportunity for every community and each individual to honor the more than 32 million people who have died worldwide from AIDS-related illness.

December 1 is a day for voices to unite by sharing experiences, remembering those lost, and standing together in the fight against HIV. Two World Health Organization (WHO) public information officers started World AIDS Day in 1988 as an international day for global health. Since then, it has been observed each year on December 1.

World AIDS Day is a day of solidarity for people around the world who are affected by HIV and for voices to unite by sharing experiences, remembering those lost, and standing together in the fight against HIV. The observance is also reserved as a day to bridge new and effective programs and policies across different sectors around HIV/AIDS.

Theme for 2024: "Collective Action: Sustain and Accelerate HIV Progress."

[Read more...](#)



International Day of Persons with Disabilities – 03rd December 2024

[who.int](https://www.who.int)

International Day of Persons with Disabilities (IDPD) is a UN day that is celebrated every year on 3rd December.

The day is about promoting the rights and well-being of persons with disabilities at every level of society and development, and to raise awareness of the situation of persons with disabilities in all aspects of political, social, economic, and cultural life. WHO joins the UN in observing this day each year, reinforcing the importance of securing the rights of people with disabilities, so they can participate fully, equally and effectively in society with others, and face no barriers in all aspects of their lives..

Theme for 2024: "Amplifying the leadership of persons with disabilities for an inclusive and sustainable future."

[Read more...](#)

AIDS /HIV

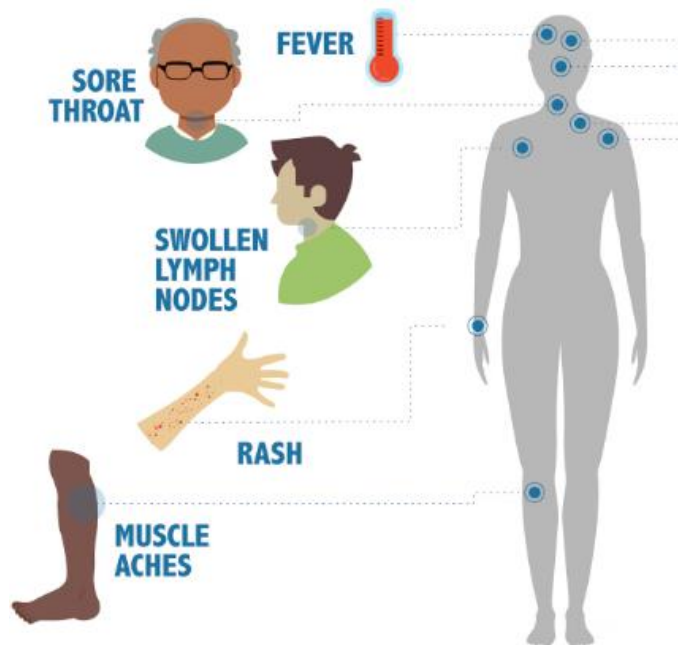
What is AIDS/HIV?

Human immunodeficiency virus (HIV) is the virus that causes acquired immunodeficiency syndrome (AIDS). When a person becomes infected with HIV, the virus attacks and weakens the immune system. As the immune system weakens, the person is at risk for getting life-threatening infections and cancers. When that happens, the illness is called AIDS. Once a person has the virus, it stays inside the body for life.

Causes

- The virus is spread (transmitted) person-to-person through certain body fluids: Blood, Breast milk, Semen & preseminal fluid, rectal and vaginal fluids.
- HIV can be spread if these fluids come in contact with: Mucous membranes (inside of the mouth, penis, vagina, rectum), damaged tissue (tissue that has been cut or scraped), blood stream by injection.

Symptoms



To know more [Click here...](#)

International Day of Persons with Disabilities

What is International Day of Persons with Disabilities 2024?

International Day of Persons with Disabilities (IDPD) is an annual event established by the United Nations to raise awareness and challenges faced by persons with disabilities. It also promote their full and equal participation in all aspects of society. It advocate for the rights and dignity of individuals with disabilities.

What are Some of the Common Disabilities?

The disability may be permanent or temporary. It may exist from birth or be acquired later in life. Some types include vision impairment, hard of hearing, physical disability etc.

What are Some Guidelines in Managing Disabilities?

- Hearing impairments can range from mild to profound. People who are hard of hearing may use a range of strategies and equipment including speech, lip-reading, writing notes, hearing aids or sign language interpreters.
- Mental illness is a general term for a group of illnesses that affect the mind or brain. These illnesses, which include bipolar disorder, depression, schizophrenia personality disorders, affect the way a person thinks, feels and acts.
- A person with a mental health condition may experience difficulty concentrating, which can sometimes be a result of medication. Try to avoid overly stressful situations wherever possible so that their condition is not exacerbated.
- Vision impairment refers to people who are blind or who have partial vision. When talking with a person who has a vision impairment always identify yourself and ask if the person requires assistance, and listen for specific instructions.

To know more [Click here...](#)

What You Need to Know

How HIV Progresses?

When people with HIV don't get treatment, they typically progress through three stages. But HIV treatment can slow or prevent progression of the disease. With advances in HIV treatment, progression to Stage 3 (AIDS) is less common today.

Stage 1: Acute HIV Infection

- People have a large amount of HIV in their blood and are very contagious.
- Many people have flu-like symptoms.
- If you have flu-like symptoms and think you may have been exposed to HIV, get tested.

Stage 2: Chronic HIV Infection

- This stage is also called asymptomatic HIV infection or clinical latency.
- HIV is still active and continues to reproduce in the body.
- People may not have any symptoms or get sick during this phase but can transmit HIV.
- People who take HIV treatment as prescribed may never move into Stage 3 (AIDS).
- At the end of this stage, the amount of HIV in the blood (viral load) goes up and the person may move into Stage 3 (AIDS).

Stage 3: Acquired Immunodeficiency Syndrome (AIDS)

- The most severe stage of HIV infection.
- People receive an AIDS diagnosis when their CD4 cell count drops below 200 cells per milliliter of blood, or they develop certain illnesses (sometimes called opportunistic infections).
- People with AIDS can have a high viral load and may easily transmit HIV to others.
- They can get an increasing number of other serious illnesses.

To know more [Click here...](#)

Actions to Achieve Health Equity for Persons with Disabilities

Political commitment, leadership, and governance

1. Prioritize health equity for persons with disabilities
2. Establish a human rights-based approach to health
3. Assume a stewardship role for disability inclusion in the health sector
4. Make international cooperation more effective by increasing funding to address health inequities for persons with disabilities
5. Integrate disability inclusion in national health strategies, including preparedness and response plans for health emergencies
6. Set actions that are specific to the health sector in national disability strategies or plans
7. Create disability networks, partnerships and alliances
8. Ensure the existing mechanisms for social protection support the diverse health needs of persons with disabilities.

Health financing

1. Adopt progressive universalism as a core principle, and as a driver of health financing, putting persons with disabilities at the center
2. Consider health services for specific impairments and health conditions in packages of care for universal health coverage
3. Include into health-care budgets the costs of making facilities and services accessible

Engagement of stakeholders and private sector providers

1. Engage persons with disabilities and their representative organizations in health sector processes
2. Include gender-sensitive actions that target persons with disabilities in the strategies to empower people in their communities
3. Engage the providers of informal support for persons with disabilities
4. Engage persons with disabilities in research and including them in the health research workforce

To know more [Click here...](#)

AL SALAM CSR Activities in November 2024

Title: First aid lecture for Heroes academy

Date: 14th November 2024

Time: 0900 hrs- 1030 hrs

Venue: Heroes academy campus, Jabriya



Title: First aid awareness Workshop for Kuwait Clearing Company (Maqasa)

Date: 07th November 2024

Time: 0900 hrs- 1100 hrs

Venue: Boursa Kuwait building



Title: Basic First aid program for Special needs

Date: 10th November 2024

Time: 1000 hrs- 1130 hrs

Venue: SASH AbdulRahman Al Ateeqi Auditorium



Title: “CPR & First aid for Child” Workshop booth in “Our Children’s Safety” exhibition

Organized by: MOH, Kuwait

Date: 29th & 30th November 2024

Time: 1000 hrs- 2200 hrs

Venue: Avenues mall, Kuwait



SASH Events in November 2024

Title: The World Diabetes Day

Date: 14th November 2024

Time: 0900 hrs- 1400 hrs

Venue: SASH AbdulRahman Al Ateeqi Auditorium

Al Salam Hospitals is honored
to invite you to attend
The World Diabetes Day
Theme: "Diabetes and well-being"
Your Presence is Highly Appreciated

2024 نوفمبر 14 14 November 2024
9:00 صباحاً - 2:00 ظهراً 9:00 am - 2:00 pm
مستشفى السلام العاصمة - السرداب الأول Al Salam Al Assima Hospital - B1

Title: World Antimicrobial Awareness Day

Date: 21st November 2024

Time: 0930hrs-1500 hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium

Al Salam Hospitals
invites you to attend
**World Antimicrobial Resistance Awareness
& Optimal use of Antibiotics Day**
Antibiotics: Use Wisely and Take Precisely

2024 نوفمبر 21 21 November 2024
9:30 صباحاً - 3:00 ظهراً 9:30 am - 3:00 pm
مستشفى السلام العاصمة
قاعة عبدالرحمن العتيقي السرداب الأول Al Salam Al Assima Hospital
Abdulrahman al Ateeqi Auditorium B1



Title of session: Advanced Maternity Course

Presenter: Manipal University, India

Date: 23rd November – 28th November 2024

Time: 0800 hrs - 1400 hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium



Prepared By Medical Development Center